

## 10 Reasons Why You Should Enroll Your Child in Gymnastics

- 1. It's fun
- 2. Develops strength
- 3. Develops flexibility
- 4. Develops coordination
- 5. Teaches listening skills
- 6. Gains self-esteem and confidence
- 7. Provides social interaction with peers
- 8. Teaches goal setting
- 9. Develops cognitive abilities to help in the classroom
- 10. Develops skills to enhance other sports

**Tumbles Gymnastics** is at **Your Child's School each week.** 

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