



**Florida USA Gymnastics Men's Program
2023 State Championships & Region VIII Qualifier
March 3 – 5, 2023
Estero Recreation Center
Estero, Florida**



CONGRATULATIONS AND WELCOME

Congratulations on a successful season and welcome to the 2023 Florida Men's Championships. The information below should answer most questions but, if not, send an email to gymnic1950@gmail.com and we will get back with an answer.

VENUE ADDRESS

**Estero Recreation Center
9200 Corkscrew Palms Boulevard
Estero, FL 33928**

CONTACT INFORMATION

Karl Bishop
727.849.3100
Gymnic1950@gmail.com or karl@tumbles2flip.com

HOTEL ACCOMMODATIONS

There are still hotels offering the discounted rates for the State Championships.

Lee County Sports Housing Contact Information

- Telephone: **239-541-1800** (M-F, 9:00 AM – 5:00 PM, EST)
- 2023 State Championship Web Link: <https://groups.reservetravel.com/group.aspx?id=61110>

SPECTATOR ADMISSIONS

- Please remind your families that we do not take credit cards or checks at the door. Entry is CASH ONLY.

2023 STATE CHAMPIONSHIPS CLUB ROSTER

- A Club roster is attached along with a copy of the Competition Schedule. The attached Roster is based on your USAG Meet Reservations.
- After February 1, 2023, no changes in Level, or Division, are allowed.
- If you entered a team, there is a corresponding number under the "T1" column.

TECHNICAL SEQUENCE SESSION ROSTERS

- Rosters for the Technical Sequences, Session FR1, will be sent in a separate email to all clubs who have entered Junior Elite athletes.
- Athletes entered in the Technical Sequence Session will have a "JE" in the T2 column of your Roster.
- The Technical Sequence Session will have only one flight of athletes.

COACHES' HOSPITALITY

- The following meals will be provided for participating Coaches:
 - Friday evening dinner
 - Saturday Lunch and Dinner
 - No meals will be provided on Sunday. Competition will conclude around 1:00 PM.
 - Please eat Breakfast before arriving at the Arena.
 - Grab-and-Go snacks and drinks will be available throughout the competition.



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SCHEDULE INFORMATION

- All sessions, except for the Technical Sequences, are Capitol Cup format with two flights. Each flight will warm-up and compete on its own set of equipment while sharing the Floor area.
- Individual and Team Awards will be awarded at the conclusion of each Session.
- The **Annual State Meeting** is scheduled between Sessions SA1 and SA2. Lunch will be provided.
- There is an **Athlete Awards Ceremony** scheduled at the beginning of the Level 9 and 10 Session.
 - It is the Annual Athlete, Coach and Judge Recognition Ceremony and all Athletes in Session SA2 should be in attendance.
 - Senior Athletes and their families should arrive at the Arena by 11:45 AM.
 - General Stretch and Competition will begin immediately following the conclusion of the Ceremony.

ROTATION SCHEDULES

- A copy of the Rotations, by gym, will be sent early next week. This Rotation Schedule is subject to change.

You may call our offices at 727-849-3100 with any questions. Please leave a message, if we are not there, and we will return your call. Good luck with your training and travel.

Karl Bishop, Meet Director