



2023 Florida USA Gymnastics Men's State Championships

March 3 - 5, 2023

Estero, Florida

Individual and Team Awards at the Conclusion of each Session.

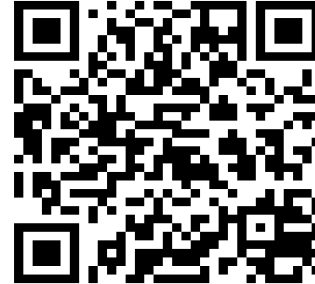


Friday, March 3, 2023

Session FR1 Technical Sequences Stretch 12:00 Noon

ACE Gymnastics
Boundless
EVO Gymnastics
FGTC
Gymnastics USA
Sun Country
WCG

2023 State Meet Website



Session FR2 - Capitol Cup Level 4, Division 1 Stretch 3:00 PM

ACE FL	Naples Progressive
Boundless Gymnastics	Nova Fla
EGA Florida	Orlando Gymnastics
EVO Gymnastics	Orlando Metro
FGTC	Park Avenue
Florida Flips	SEGA
Gulf Coast Elite	South Miami
Gym Force	Sun Country
Gymnastics USA	TGR
LaFleur's Tampa	Trousdell
MGA Gymnastics	WCG

Lee County Sport Housing



The Lee County QR code works with tablets, but not with cell phones.

Their web address is:

<https://groups.reservetravel.com/group.aspx?id=61110>

Most special rates will expire around March 9.

Their telephone number is 239-541-1800.

Session FR3 - Capitol Cup Level 4, Division 2 Stretch 6:00 PM

ABGA	Nova Fla
ACE FL	Orlando Metro
Bayside	Park Avenue
Boundless Gymnastics	South Miami
Gold Coast	TNT
Golden City	Top Flight Tampa
Gulf Coast Elite	Trousdell
Gym Force	TumbleBees Jupiter
LaFleur's Tampa	WCA

Spectator Admission - Cash Adults \$25.00 per Day, \$30.00 Weekend
Children (5-11 yrs) \$15.00 per Day, \$20.00 Weekend



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Saturday, March 4, 2023

Session SA1 - Capitol Cup Levels 5, 6 & Platinum Stretch 9:00 AM	
ACE FL	LaFleur's Tampa
Bayside	Naples Progressive
Boundless Gymnastics	Nova Fla
EGA Florida	Orlando Metro
EVO Gymnastics	Park Avenue
FGTC	South Miami
Florida Flips	Sun Country
Golden City	TGR
Gulf Coast Elite	Top Flight Tampa
Gym Force	TumbleBees Jupiter
Gymnastics Du Sol	WCA
Gymnastics USA	WCG

2023 State Meet Website



The Annual State Meeting is open to all USAG Professional Members. It is scheduled between Sessions SA1 and SA2 at the Arena. Lunch will be available.

Session SA2 - Capitol Cup Levels 9 & 10 Awards Ceremony & Stretch 12:00 Noon	
ACE FL	Orlando Metro
EGA Florida	Panhandle Perfection
EVO Gymnastics	Park Avenue
FGTC	SEGA
Gold Coast	Sun Country
Gulf Coast Elite	Trousdell
Gym Force	TumbleBees Jupiter
Gymnastics USA	WCA
Nova Fla	WCG
Orlando Gymnastics	

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Session SA3 - Capitol Cup Levels 7 & 8 Stretch 4:30 PM	
ABGA	Nova Fla
ACE FL	Panhandle Perfection
Bayside	Park Avenue
Boundless Gymnastics	SEGA
EGA Florida	Southern Starz
EVO Gymnastics	Sun Country
FGTC	TGR
Gold Coast	TNT
Gulf Coast Elite	Trousdell
Gymnastics USA	WCA
LaFleur's Tampa	WCG
Naples Progressive	

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Sunday, March 5, 2023

**Session SU1 - Capitol Cup
Level 3, Division 1
Stretch 8:00 AM**

<p>ACE FL Boundless Gymnastics EGA Florida EVO Gymnastics FGTC Florida Flips Gulf Coast Elite Gymnastics USA MGA Gymnastics</p>	<p>Nova Fla Orlando Gymnastics Orlando Metro Panhandle Perfection Park Avenue SEGA Sun Country Trousdel WCG</p>
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**2023 State Meet
Website**



**Session SU2 - Capitol Cup
Level 3, Division 2, Bronze, Silver & Gold
Stretch 10:30 AM**

<p>ABGA ACE FL Bayside EGA Florida EVO Gymnastics Florida Flips Gold Coast Golden City Gulf Coast Elite Gymnastics Du Sol LaFleur's Tampa Nova Fla</p>	<p>Orlando Gymnastics Orlando Metro Park Avenue SEGA South Miami Sun Country TGR TNT Top Flight Tampa Trousdel TumbleBees Jupiter WCA</p>
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**Lee County Sport
Housing**



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