

2024 USA Gymnastics Men's State Championships

Legacy Park Multipurpose Center Alachua, FL

www.meetmagic.net/flstate2024

Competition Schedule

ADMISSION AT THE DOOR IS CASH ONLY!

Adults (12+ yrs.) - \$25.00 per day, \$40.00 Weekend Children (4 - 11 yrs.) \$15.00 per day, \$25.00 Weekend

Pre-paid Tickets are available at www.EventBrite.com. A \$5.00 Service Fee per ticket will be charged.

Friday, March 8, 2024

Session FR1 - Modified Capitol Cup Technical Sequences		Session FR2 - Modified Capitol Cup Level 4 Division 2, Bronze, Silver and Gold Athletes	
ACE FL, EVO Gymnastics, Gymnastics USA, Nova Fla, Orlando Metro, Sun Country, World Class FL		ABGA, ACE FL, Acrobatic Division, EGA Florida, EVO Gymnastics, Florida Flips, Gold Coast, Golden City, Gulf Coast Elite, Gymnastics Du Sol, Park Avenue, TNT, Trousdell, TumbleBees Jupiter, World Class FL	
ANNUAL STATE MEETING HELD AT THE CONCLUSION OF THIS SESSION.			
General Stretch	8:00 AM	General Stretch	11:00 AM
Introductions and March In	8:20 AM	Introductions and March In	11:20 AM
Competition	8:25 AM - 10:45 AM	Competition	11:25 AM - 1:15 PM
No Awards Ceremony		Individual and Team Awards to follow.	
Session FR3 - Modified Capitol Cup Level 4 Division 1 Athletes		Session FR4 - Modified Capitol Cup Level 5 Division 1 & 2, Platinum Athletes	
ABGA, ACE FL, Balance Gymnastics, EGA Florida, EVO Gymnastics, FGTC, Florida Flips, Gold Coast, Gulf Coast Elite, Gymnastics USA, LaFleur's Tampa, MGA Gymnastics, Naples Progressive, Nova Fla, NTS, Orlando Gymnastics, Park Avenue, Sun Country, TGR, World Class FL		ACE FL, Coastal Dreams, EGA Florida, EVO Gymnastics, Florida Flips, Gold Coast, Gulf Coast Elite, Gym Force, Gymnastics USA, LaFleur's Tampa, Nova Fla, NTS, Orlando Metro, Park Avenue, South Miami, Sun Country, TGR, TNT, Trousdell, TumbleBees Jupiter, World Class FL	
General Stretch	2:00 PM	General Stretch	5:00 PM
Introductions and March In	2:20 PM	Introductions and March In	5:20 PM
Competition	2:25 PM - 4:45 PM	Competition	5:25 PM - 8:30 PM
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

Saturday, March 9, 2024

Session SA1 - Modified Capitol Cup Levels 6 & 7		Session SA2 - Modified Capitol Cup Level 10 and Annual Awards Ceremony	
ABGA, ACE FL, Coastal Dreams, EVO Gymnastics, Florida Flips, Gold Coast, Golden City, Gulf Coast Elite, Gymnastics USA, LaFleur's Tampa, Nova Fla, Orlando Gymnastics, Orlando Metro, Panhandle Perfection, Park Avenue, South Miami, Sun Country, TGR, TumbleBees Jupiter, World Class FL		ACE FL, Coastal Dreams, EGA Florida, EVO Gymnastics, Gold Coast, Gym Force, Gymnastics USA, Nova Fla, NTS, Orlando Gymnastics, Panhandle Perfection, Park Avenue, Southern Starz, Sun Country, TGR, TNT, Trousdell, TumbleBees Jupiter, World Class Athletic, World Class FL	
Annual State Awards Ceremony		11:30 AM	
General Stretch	8:00 AM	General Stretch	12:15 PM (Or, at End of Ceremonies)
Introductions and March In	8:20 AM	Introductions and March In	12:30 PM
Competition	8:25 AM - 11:15 AM	Competition	12:35 PM - 3:45 PM
Individual and Team Awards to follow.		Individual and Team Awards to follow.	
Session SA3 - Modified Capitol Cup Levels 8 & 9			
ACE FL, Bayside, EGA Florida, EVO Gymnastics, Florida Flips, Gold Coast, Golden City, Gulf Coast Elite, Gym Force, Gymnastics USA, LaFleur's Tampa, Naples Progressive, Nova Fla, NTS, Orlando Metro, Panhandle Perfection, Park Avenue, Sun Country, TGR, Trousdell, TumbleBees Jupiter, World Class Athletic, World Class FL			
General Stretch	4:00 PM		
Introductions and March In	4:20 PM		
Competition	4:25 PM - 8:00 PM		
Individual and Team Awards to follow.			

Sunday, March 10, 2024 (Start of Daylight Savings Time!)

Session SU1 - Modified Capitol Cup Level 3 Division 2 & HUGS		Session SU2 - Modified Capitol Cup Level 3 Division 1	
ABGA, ACE FL, Coastal Dreams, EVO Gymnastics, Gold Coast, Golden City, Gym Force, Orlando Gymnastics, Orlando Metro, South Miami, TGR, TNT, Trousdell, TumbleBees Jupiter		ACE FL, EGA Florida, EVO Gymnastics, FGTC, Florida Flips, Gulf Coast Elite, Gymnastics USA, Naples Progressive, Nova Fla, Orlando Gymnastics, Orlando Metro, Sun Country, TGR, TNT, World Class FL	
General Stretch	9:00 AM	General Stretch	11:30 AM
Introductions and March In	9:20 AM	Introductions and March In	11:50 AM
Competition	9:25 AM - 11:30 AM	Competition	11:55 AM - 2:30 PM
Individual and Team Awards to follow.		Individual and Team Awards to follow.	



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