



2025 Gym Force Classic

www.gymforce.net

Tully Gymnasium, 139 Chieftan Way, Tallahassee, FL
On the Campus of Florida State University



PLEASE COPY THIS SCHEDULE AND DISTRIBUTE TO ALL PARTICIPATING FAMILIES.

Spectator Entry Fees (Cash Only)

Adults (13 and Older) - \$20.00 per day, \$30.00 Weekend
Children (4 to 12) - \$10.00 per day, \$15.00 Weekend
Children 3 and Under - No Charge

There is no ATM close to the Arena, so please be prepared.

All Sessions Modified Capital Cup

Saturday, January 18, 2025

Session SA1	
Xcel Gold	
Crossfire, Edge Athletics, Gym Force, IGG, Moultrie YMCA, Peach State, Thomasville Twisters, Valdosta YMCA	
General Stretch	8:00 AM
March-In	8:20 AM
Competition	8:25 AM
Individual and Team Awards to follow.	

Session SA2	
Levels 4, 5 & 6	
Crossfire, Edge Athletics, Gymnastics USA, Moultrie YMCA, Taylor Gymnastics, Thomasville Twisters, Trousdell	
General Stretch	11:00 AM
March-In	11:30 AM
Competition	11:35 AM
Individual and Team Awards to follow.	

Session SA3	
Xcel Platinum & Diamond	
Crossfire, CXA, Gym Force, IGG, Peach State, Valdosta YMCA	
General Stretch	2:30 PM
March-In	3:00 PM
Competition	3:05 PM
Individual and Team Awards to follow.	

Session SA4	
Levels 7, 8, 9 & 10	
Crossfire, Edge Athletics, Gym Force, Gymnastics USA, Peach State, Sun Country, Taylor Gymnastics, Thomasville Twisters, Trousdell	
General Stretch	5:30 PM
March-In	6:00 PM
Competition	6:05 PM
Individual and Team Awards to follow.	

Sunday, January 19, 2025

Session SU1	
Level 3 & Xcel Silver	
Crossfire, Edge Athletics, Gym Force, Moultrie YMCA, Thomasville Twisters, Valdosta YMCA	
General Stretch	9:00 AM
March-In	9:20 AM
Competition	9:25 AM
Individual and Team Awards to follow.	

Session SU2	
Level 2 & Xcel Bronze	
Crossfire, Edge Athletics, Gym Force, IGG, Moultrie YMCA, Thomasville Twisters	
General Stretch	11:30 AM
March-In	11:50 AM
Competition	11:55 AM
Individual and Team Awards to follow.	



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Revised December 19, 2024