

2025 Daytona Beach Open

Hosted by ACE Gymnastics of Florida

The Ocean Center

101 N. Atlantic Ave., Daytona Beach FL 32118

Men's Competition Schedule

All Sessions Modified Capitol Cup (Warm-up, Compete)

Saturday, February 8, 2025

<i>Session SA1</i>		<i>Session SA2</i>	
<i>Levels 5, 6 & Platinum</i>		<i>Level 7</i>	
General Stretch	8:00 AM	General Stretch	11:00 AM
Competition	8:25 AM - 10:55 AM	Competition	11:25 AM - 2:00 PM
ACE FL, ACE PA, Alpha Omega, Balance Gymnastics, Goose Creek, EGA, Florida Flips, Gold Coast, Gulf Coast Elite, IGC, Islands YMCA, NTS, Parkettes, Rad Gymnastics, TNT, Top Contenders, World Class		ABGA, ACE FL, ACE PA, Alpha Omega, Goose Creek, Coastal Dreams, Gulf Coast Elite, Infinity Gymnastics, Interstate, Islands YMCA, Orlando Gymnastics, Paragon NTC, TGR, Trousdell, World Class	
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

<i>Session SA3</i>		<i>Session SA4</i>	
<i>Levels 8 & 9</i>		<i>Levels 10 & Gym ACT</i>	
General Stretch	2:30 PM	General Stretch	6:00 PM
Competition	2:55 PM - 5:30 PM	Competition	6:30 PM - 9:30 PM
ACE FL, Alpha Omega, Balance Gymnastics, Florida Flips, Greater Buffalo Gymn, Infinity Gymnastics, Interstate, Islands YMCA, NTS, Paragon NTC, Parkettes, TCT, TGR, Top Contenders, Trousdell, World Class		ABGA, Alpha Omega, EGA, Florida Storm, GA United, Greater Buffalo Gymn, Gulf Coast Elite, Infinity Gymnastics, Interstate, NTS, Orlando Gymnastics, Paragon NTC, Parkettes, TCT, TNT, Top Contenders, World Class	
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

Sunday, February 9, 2025

<i>Session SU1</i>		<i>Session SU2</i>	
<i>Level 4</i>		<i>Levels 3, Bronze & Silver</i>	
General Stretch	8:00 AM	General Stretch	11:00 AM
Competition	8:25 AM - 10:45 AM	Competition	11:25 AM - 1:10 PM
ABGA, ACE FL, Balance Gymnastics, Coastal Dreams, EGA, Florida Flips, Gulf Coast Elite, Gym Force, Interstate, Islands YMCA, Orlando Gymnastics, Rad Gymnastics, TCT, TGR, TNT, Top Contenders, Trousdell, World Class		ABGA, ACE FL, ACE PA, Gulf Coast Elite, Gym Force, Islands YMCA, TCT, TGR, Trousdell	
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

<i>Session SU3</i>	
<i>Level 3</i>	
General Stretch	1:30 PM
Competition	1:55 PM - 3:40 PM
ABGA, Balance Gymnastics, Coastal Dreams, Florida Flips, NTS, Orlando Gymnastics, Rad Gymnastics, TNT, Top Contenders, World Class	
Individual and Team Awards to follow.	